

# The Rainbow

Niagara Huron Anglican Cursillo Newsletter

Fall 2024



## LET US PRAY

Gracious and loving God, you have  
always provided what we need.  
We will always need your love and guidance.  
We will always need shelter and food.  
We will always need you and others.  
Let us show gratitude for all we have been given.  
Through Jesus Christ, our Lord. Amen

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THE NEXT CURSILLO WEEKEND #58

WILL BE NOVEMBER 21-23, 2025

MOUNT MARY RETREAT CENTRE, ANCASTER

WATCH FOR UPDATES ON OUR WEBSITE

[www.niagaracursillo.org](http://www.niagaracursillo.org)

This is an opportunity to serve on team.

## CURSILLO STEWARDSHIP & SPONSORSHIP

“being administered by us for the glory of the Lord Himself (2 Cor. 8:19)

We invite you to be a part of this ministry of Cursillo, which comes in many forms. One of them is to show your support and generosity by sharing God’s gifts given to you. Sharing our abundance for the needs of ministry brings “fair balance”. We thank God for opportunities to take part in the passion to share the Good News. Working together, we can show our goodwill. Please give according to your ability to share.

## WAYS TO FINANCIALLY SUPPORT CURSILLO

By supporting Cursillo, you will help us sponsor candidates who may find it a financial burden to attend a Weekend, yet wish to follow their faith-formation journey. Secretariat also subsidizes the Weekends as the cost increases every year for the team as well. We want to ensure everyone has an opportunity to attend. There are other expenses that Secretariat is responsible for i.e. dues to CACS (our national Cursillo) and our newest purchase—a trailer to store our Weekend equipment and supplies. Your donations are most appreciated.

### E-Transfer to Cursillo

Set-up e-Transfer by following these steps:

Step 1: Send the Treasurer an email (nactreas1@gmail.com) asking for answer to the security question. Please mention you are making a donation or payment to Cursillo. Once you have this security word you can pay online.

Step 2: Login to your online bank account.

Step 3: Add “Niagara Huron Anglican Cursillo” (bank account name) as a recipient under transfers.

Email: nactreas1@gmail.com

Security Question: What is Ultreya?

Answer: (see step 1.)

\*\*\*Not all banks may have the transfer button in the same spot, however

TDCanadaTrust will be located under Transfer. Then go to Interac e-Transfer.

Step 4: Enter.

Step 5: Enter the payment/donation amount and recipient.

Step 6: Enter.

Step 7: Confirm.

Step 8: You should see a confirmation that funds were sent.

Please note that the bank gives plenty of time for the transfer to take place.

### BY CHEQUE

Mail cheques to our Treasurer, Janice Toth, P. O. Box 125, Mount Hope, ON L0R 1W0 made out to Niagara Huron Anglican Cursillo.

**Donations of \$20 or more will receive a tax receipt.**

THIS FORM CAN ALSO BE FOUND ON OUR WEBSITE

NIAGARA HURON ANGLICAN CURSILLO
Pre-Authorized Giving Program
Authorization Form

Please choose one:

NEW INCREASE / DECREASE / CHANGE BANKING / CANCEL

I/We wish to take advantage of the Niagara Huron Anglican Cursillo Pre-Authorized Giving Program

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone # \_\_\_\_\_

Please attach a voided CHEQUE if it is a NEW account or CHANGING BANK INFO:

Payments can be taken on any numerical day of the month. Please indicate which day(s) you prefer.

I/We hereby authorize the "Diocese of Niagara" to debit my/our bank account each month on the
\_\_\_\_\_ of the month in the amount of \$ \_\_\_\_\_ for \_\_\_\_\_

(date(s))

This donation is made on behalf of: an individual [ ] a Business [ ]

This authorization is to remain in effect until The Diocese of Niagara has received written notice from me/us of its change or termination. Please note that we must receive the change or termination by the 18th of the month in order for it to take effect for the following month. In an emergency the PAD can be recalled or stop payment within a 24 hour notice. To obtain a sample cancellation form, or for more information on my right to cancel a PAD Agreement, I may contact my financial institution or visit www.cdnpay.ca.

I have certain recourse rights if any debit does not comply with this agreement. For example, I have the right to receive reimbursement for any debit that is not authorized or is not consistent with this PAD Agreement. To obtain more information on my recourse rights, I may contact my financial institution or visit www.cdnpay.ca.

Please note: for joint accounts both parties should sign below:

Date \_\_\_\_\_ Signature \_\_\_\_\_

Signature \_\_\_\_\_

Please mail to:

The Diocese of Niagara
Attn: Kim Waltmann
252 James Street North
Hamilton, ON L8R 2L3

or fax to: 905-527-0963 Attn: Kim Waltmann

## Our Fourth Day & Group Reunion

One of the elements we heard about on our Weekends was how to receive support throughout our Fourth Day, by “Grouping”. This is a method that assists individuals to continue the growth in Christ, that has begun on the Weekend. If you are not grouping at this time, you may ask, “So how exactly do I go about forming a Group Reunion or joining a group and begin “Grouping”? You should have received a grouping card on your Weekend, and if you no longer have it on hand, here is a sample.

**CLOSING PRAYERS**

- For those in this group undergoing trials
- For matters expressed during this reunion
- Thanksgiving for blessings received

Direct us, O Lord, in all our doings with your most gracious favor and further us with your continual help; that in all our works begun, continued, and ended in you, we may glorify your Holy Name, and finally, by your mercy, obtain everlasting life; through Jesus Christ our Lord. **AMEN**

Our Father.....

**Niagara Huron  
Anglican  
Cursillo**

**GROUP REUNION**

Name \_\_\_\_\_  
Weekend \_\_\_\_\_  
Table \_\_\_\_\_

**OPENING PRAYERS**

In the name of the Father  
and of the Son  
and of the Holy Spirit.  
**AMEN**

Come, Holy Spirit, fill the hearts of your faithful, and kindle in us the fire of your love. Send forth your Spirit and we shall be created and you shall renew the face of the earth.

O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by the same Spirit, we may be truly wise and ever enjoy his consolations; through Christ our Lord, **AMEN**

**FAITH**

“Without me, you can do nothing.”  
(John 15:5)

1. What spiritual help has brought me closer to Christ this week?
  - Private prayer – meditation
  - Holy Communion
  - Prayer group
  - Family prayer
  - Confession
  - Act of restitution
  - Examination of conscience
  - Retreat
  - Spiritual reunion
  - Spiritual direction
  - Counselling
  - Other
2. When did I feel closest to Christ?  
When furthest from Him?

**STUDY**

“Do your best to present yourself to God...rightly handling the word of truth.” - (2 Timothy 2:15)

3. What have I studied this week in order to better know Christ and His Mystical Body?
  - Personal Bible reading
  - Group Bible study
  - Other study groups, courses
  - Books or periodicals
  - Radio television theatre
  - Other
4. How has the grace of God transformed me through study?
  - Family life
  - Politics, civil affairs
  - Parish activity
  - Work, school, home

**ACTION**

“The Son of Man came not to be served but to serve.” – (Matthew 20:28)

5. What apostolic success did the Lord accomplish through me this week?
6. With what disappointment did the Lord test my discipleship this week?
7. Did I accept the unexpected demands of the week as opportunities for apostolic service?
8. How was last week’s plan fulfilled?
9. What is my plan for next week?

(The template will be attached with the newsletter link.)

You will notice that there are prayers on the front and back and there are 3 sections titled, Faith, Study and Action inside the card. Just as you have already tried on your Weekend with your Table Communities, Grouping involves a small group of Christian friends, usually 3 to 6 people gathering on a regular basis to share your Christian journey. Sometimes Groups come together out of the Table Communities that have been formed on your Cursillo Weekend, other times you may be invited to join an existing Group Reunion by your Weekend Sponsor, while others are simply created out of a group of existing Christian friends in your home parish. You should note however, that you do not need to have attended a Weekend to be part of a Group, it is a faith forming and strengthening endeavour for all and you may just be the catalyst to help your own friends draw closer to God. As Cursillistas we are all asked to “**Make a friend, be a friend and Bring a friend to Christ**” and in the words of Eduardo Bonnin, one of the original founders of Cursillo when speaking about Group Reunions, “We do not have Group Reunions so that there will be people to attend a Cursillo Weekend, on the contrary, we have Cursillo Weekends so there will be people to make Group Reunions.”

Grouping typically lasts for an agreed set period of time, usually 1 hour and may take place in the privacy of a family home, a church meeting room or even a public space, such as a coffee shop; it's wherever the members of the Group feel comfortable. Your group may prefer to meet via **Zoom** or another chat format. This is acceptable and becoming popular due to time constraints and long travelling distances. Each Grouping begins with the Prayer to the Holy Spirit, just as we have done throughout this weekend to help us to center our thoughts on the purpose of the gathering. The prayer is a petition inviting the Holy Spirit to fill our hearts and to rekindle the fire of God's love within us so that we can be renewed in our desire to transform our environments for Christ. Grouping with others provides us with the opportunity to learn from and encourage one another in our spiritual journeys, to pray for and to hold each other accountable in our growth in Christ. Group Reunion has been defined as “a group of persons who are, or at least want to be, friends and Christians, who come together to become better friends and better Christians.”

Opening up the card, each member takes their turn to share their journey of Faith, Study and Action since they last met, with other members of the Group Reunion. It is most important that this is allowed to proceed without comments and interruption from other members until after the sharing has ended, otherwise the one sharing gets drawn away and distracted from the matters they have been planning to share. I must emphasize also that what we share when we are grouping is considered to be confidential and must not be repeated outside of the Group Reunion.

Sharing typically follows the order laid out on the card of Faith, then Study, then Action since it has been designed to help us focus first on faith formation, then spiritual growth and finally, Christian Witness. When we consider Faith we are reminded that in John 15:5 Jesus said, “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.” Consequently, we may choose to reflect on how, where or when Christ has felt closest to us since we last met. What spiritual practice, such as my commitment to my Rule of Life has drawn me closer to Him and what obstacle have I allowed to draw me farther away? This is an opportunity for us to recognize

and share with others an awareness of Christ's presence in our lives, a sharing that may be an inspiration for the others in your group.

The next section of the card asks us to reflect on any Study we have undertaken to enhance our spiritual growth. Psalm 119:105 reads, "Your word is a lamp to my feet and a light for my path." So, you may choose to share what or who, you have read or listened to that has recently increased your understanding of your relationship with God and God's creation. This may translate into how you feel that you may have recently been transformed by God's grace through study. It's an opportunity for us to share and encourage one another to learn more about God and living a better Christian life.

The third section is about sharing our recent apostolic Action through our Christian Witness to the world. In Matthew 4:19, Jesus said, "Come, follow me, and I will make you fishers of people." So, we try to recall; 'What have I tried to do this week to serve Christ and to serve others? Was I successful, or not and what unexpected opportunity to witness did the Lord offer me? What are my plans for this upcoming week to reach out in the name of Christ to help transform my family, friends, co-workers, or community?'

When everyone in the group has had a chance to share, reflections and conversations begin, and some Group Reunions may choose to discuss undertaking Christian witness projects together. These activities could include actions such as working together in a food bank, visiting local prisons, helping Seniors or working elsewhere in the community.

Every Grouping ends in prayer beginning with prayers for those in the group facing trials, for matters raised during the Group Reunion or prayers of thanksgiving for blessings received. The Group Reunion concludes with the prayer on the back cover of the card where we pray that God will continue to direct us in all that we do, to help us in all our works and finally bring us to everlasting life through Jesus Christ our Lord. In Matthew 18:20, Jesus said "For where two or three come together in my name, there am I with them." Working together, we can become the Church in the world, supporting one another in reaching out and evangelizing in our home, neighbourhood, workplace or farther afield. Through Group Reunion, we help each other to mature in faith, hope and love. We share our spiritual journeys in a confidential, safe and trusting place where we can hold each other accountable and encourage one another to live and grow in Christ's purposes for us. Over time the members of your Group Reunion may change as people move away to new communities, or when your Group grows too large and needs to split into two Groups or even perhaps when a beloved member reaches the end of their Fourth Day and God willing, enters into everlasting life, or as we often say, enters into their Fifth Day.

