

The Rainbow

Niagara Huron Anglican Cursillo Newsletter & Year-end Reports

Summer 2025



LET US PRAY

Gracious and loving God, you are
our guiding light, who shows us the path.
We will always need your love and direction.
We value one another as you have shown us
to do and we give you thanks.
As we are aware of the sounds of lament
around the world, may we find value
in what it offers each of us,
that we may be your people of action.
Something not to be neglected.
We pray through Jesus Christ, our Lord. Amen

PLEASE SUPPORT CURSILLO!

BY DONATIONS...
BY BRINGING PARTICIPANTS FORWARD...
BY PRAYER...

THE NEXT CURSILLO WEEKEND #58

NOVEMBER 21-23, 2025

MOUNT MARY RETREAT CENTRE, ANCASTER

www.niagaracursillo.org

Lay Director's Report

Contents

Year-End Reports:

- Lay Director
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Special Features:

- "Sweaty Nose" by Cynthia Chamberlin
- "Aging" - Colin Shutt

Greetings to all the Sisters and Brothers in Christ.

The first part of this past year was not dominated (as they often are) by preparations for a Cursillo Weekend. In the place of that we attempted to promote Fourth Day activities by trying to determine the status of grouping in Niagara Huron, seeing how we might increase it and then inviting people who were not grouping to take part in on-line or in-person groups. In general, we found that there were about seven groups operating, involving around 40 people. With a focus on those most recent Cursillistas from Weekends 56 and 57, a letter was generated and sent out to

those who were interested in grouping to help them get into a group. However, the response was less than we hoped or expected. By way of explanation, Rev. Stephanie Pellow, our representative to Canadian Anglican Cursillo Secretariat (CACs), said that CACs had done similar surveys in the past and the most important factor seemed to have been that grouping efforts need to be started right after the Weekend is over. In effect, "strike while the iron is hot", which is a pretty good analogy as many new Cursillistas leave a Weekend "on fire with the Holy Spirit." Anyway, this is the tough part of the Cursillo Method and by no means exclusive to us in Niagara Huron. We will renew our efforts to promote grouping especially in respect to the upcoming Weekend 58 on November 21-23, 2025.

The second part of this year has involved Weekend preparations and we're grateful that Weekend Chair, Marion Bailey was able to line up Michael Wilson to be the Coordinator and that he has been able to assemble his core team and progress with other preparations. Many thanks to all who have said yes to Michael's (and Jesus'!) call to participate. While the Fourth Day sometimes seems to take a back seat to the demands of Weekend

preparations, it is a balancing act and the Weekends do provide some structure, focus and excitement to our movement and ministry. If nothing else, there are 20 or so Cursillistas (the Team) who are building a community and giving their time to serve and support others on their journeys with Christ. Never a wasted effort.

Many thanks to Shirley Kitchen and her people in the Milton/Acton area who have been regularly and faithfully holding Ultreyas attended by 12-20 people. They have also been able to offer Zoom.

The last two years we've had August picnic/Ultreyas at Mohawk Park in Brantford and these have been well attended and enjoyed by all. There was a call for this to be held "north of the 401" to be closer to those in Huron and northern parts of Niagara. So the next one will be in Guelph at Riverside Park on August 17/25. It's a lovely site alongside the Speed River and has a large pavilion with tables and electricity.

Financially, we are in a good spot with around \$12,000 in the bank to start the new fiscal year. This allows us to keep Weekend costs low for all team and participants. Many thanks to all those who contribute to Cursillo either through pre-authorized or occasional donations.

I'd like to thank our Secretariat for all their hard work and support. Rev. Shirl Christian is stepping down as Spiritual Director and Karen Galligan has completed two terms as Music Chair. Continuing members are Weekend Chair, Marion Bailey; Fourth Day, Chris Levett; Communications, Renée Anderson; Member-at-large (Palanca), Rita Predon; Treasurer, Janice Toth and Pat Hyslop, Secretary. Rev. Stephanie Pellow is CACS rep, Bronwen Bruch is our Weekend Registrar and Dr. Emily Hill is our Diocesan-appointed liaison. The Pre-Cursillo and Education portfolios have been vacant this year. This is the standing of Secretariat as of this writing and could change. Anyone who is interested in serving either in an established

position or as a member-at-large can contact me. We typically meet for a two hour Zoom meeting, six times a year.

Ultreya!

Tim Standish, Lay Director Niagara Huron Anglican Cursillo Secretariat

ANNUAL MEETING
OF NIAGARA HURON ANGLICAN CURSILLO
SUNDAY, SEPTEMBER 28, 2025
GRACE ANGLICAN CHURCH, BRANTFORD
MEETING TIME: 3:00 P.M.
ULTREYA FOLLOWING THE MEETING
WITH POTLUCK SUPPER
- BRING A DISH TO SHARE -
COFFEE & TEA PROVIDED
ALL CURSILLISTAS WELCOME
(Another notice will be sent out.)

CURSILLO STEWARDSHIP & SPONSORSHIP

“being administered by us **for the glory of the Lord** Himself (2 Cor. 8:19)

We invite you to be a part of this ministry of Cursillo, which comes in many forms. One of them is to show your support and generosity by sharing God’s gifts given to you. Sharing our abundance for the needs of ministry brings “fair balance”. We thank God for opportunities to take part in the

passion to share the Good News. Working together, we can show our goodwill. Please give according to your ability to share.

WAYS TO FINANCIALLY SUPPORT CURSILLO

By supporting Cursillo, you will help us sponsor candidates who may find it a financial burden to attend a Weekend, yet wish to follow their faith-formation journey. Secretariat also subsidizes the Weekends as the cost increases every year for the team as well. We want to ensure everyone has an opportunity to attend. There are other expenses that Secretariat is responsible for i.e. dues to CACS (our national Cursillo) and our newest purchase—a trailer to store our Weekend equipment and supplies. Your donations are most appreciated.

E-Transfer to Cursillo

Set-up e-Transfer by following these steps:

Step 1: Send the Treasurer an email (nactreas1@gmail.com) asking for answer to the

security question. Please mention you are making a donation or payment to Cursillo. Once you have this security word you can pay online.

Step 2: Login to your online bank account.

Step 3: Add “Niagara Huron Anglican Cursillo” (bank account name) as a recipient under transfers.

Email: nactreas1@gmail.com

Security Question: What is Ultreya?

Answer: (see step 1.)

***Not all banks may have the transfer button in the same spot, however TDCanadaTrust will be located under Transfer. Then go to Interac e-Transfer.

Step 4: Enter.

Step 5: Enter the payment/donation amount and recipient.

Step 6: Enter.

Step 7: Confirm.

Step 8: You should see a confirmation that funds were sent.

Please note that the bank gives plenty of time for the transfer to take place.

BY CHEQUE

Mail cheques to our Treasurer, Janice Toth, P. O. Box 125, Mount Hope, ON L0R 1W0 made out to Niagara Huron Anglican Cursillo.

Donations of \$20 or more in a calendar year will receive a tax receipt in February.

Treasurer's Report

Respectfully submitted by Janice Toth

This was my second year as the Treasurer of the Cursillo Group. The year was easier to manage as we did not have any events scheduled, next year should prove to be more challenging as we plan for our #58 weekend Retreat in November at Mount Mary Immaculate Retreat Centre. The Income and Balance Sheets attached are as of June 2025 as this is the end of our fiscal year. The balance shown at the year-end is \$11,929.83. Our Pre-Authorized Givings have decreased this fiscal year due to the death of a long-time member. I am hopeful we can grow this amount in the 2025-2026 fiscal year.

Many Blessings and Ultreya!

(Financials included in Rainbow.)

IN MEMORIAM

Stewart Bryan, a long-time member of Cursillo, after a lengthy illness, has passed away. He died on Friday, July 18, 2025. There was a visitation on Monday, July 28th at Kopriva Taylor Funeral Home, 64 Lakeshore Road West, Oakville. The funeral was on Tuesday, July 29th at St. Bride's Anglican Church, 1516 Clarkson Road North, Mississauga.

Stewart, over the years with Cursillo, had been a table enabler, a Weekend Coordinator, a musician as well as many other roles. He will be missed by many, and may he rest in peace and rise in glory.

On behalf of Secretariat and the wider community, we offer our condolences to the family.



Spiritual Director's Report

Submitted by Rev. Dr. Shirl Christian

I am writing this report as my two-year term as Spiritual Director of the Niagara Huron Cursillo movement draws to a close this fall. During this time, I have learned much about Cursillo in this part of Canada, as most of my prior Cursillo experience has been in Diocese of Brandon, Manitoba. I have become acquainted with many faithful and faith-filled people who devote time, energy, and expertise as they model being the heart and hands and voice of Jesus. I commend both dioceses – Huron and Niagara – on their decision to come together in strength to maintain the forward thrust of faith-building in this area. It is one important example of cooperation and collaboration across our manufactured boundaries, and may it be a small but prophetic vision of how we in the Church can

increase our working together for the sake of the Good News of God's reign among us.

"To everything there is a season, and a time for every purpose under heaven" as the writer of Ecclesiastes 3:1 reminds us, and this is my time to step back from my current role with new purpose. I will continue to do what I am able within the NHAC movement, but much of my time and energy for the near future will be consumed with purging and decluttering as I move toward selling my home in preparation to downsize. As I do so, I am reminded that rather than hanging on to "things-I-might-find-useful-someday," I hope to use my time and energy in other ways, perhaps travel, and with God's help, increasing my involvement in the local church.

I commend those who have taken on leadership roles in NHAC and in particular the upcoming Weekend, and encourage others to consider saying "yes" to invitations to be involved in leadership or supporting roles. I am reminded of a response in the baptismal and confirmation liturgies, "I will with God's help." None of us began our faith-journey knowing how to do the things set before us with confident perfection. Indeed, it has been and continues to be a learning process and we learn and grow (and even make mistakes!) together.

May God guide, enable, and bless you as you continue the Cursillo expression of God's work in Huron and Niagara and beyond.

Utreya!

Weekend Chair Report

Submitted by Marion Bailey

The anticipation is building within our faith community as we approach the long-awaited Cursillo Weekend #58. This transformative event, steeped in tradition and focused on spiritual renewal, promises to be a powerful experience for both participants and team. This weekend offers a unique opportunity for someone you know to deepen their relationship with God,

cultivate authentic Christian friendships, and discover their calling to be a leader in the world.

Over the decades, the movement has inspired thousands to become agents of renewal in their parishes, workplaces, and communities. The heart of Cursillo is its three-day weekend (although we are currently using a shortened timetable) where "candidates" or "pilgrims"—are invited to step back from their routines and encounter Christ in a new and profound way. The power of the movement is through the Fourth Day – the Small Group Reunion, Ultreya, and Sponsorship.

Weekend #58 is not just a number; it is a milestone that reflects the enduring impact and growth of the movement in our dioceses. Organizers led by our Weekend Coordinator, Michael Wilson and his Assistant, Margaret Wilding have been working diligently for months, gathering a dedicated team and praying for the team and candidates who will attend.

As the team grows, they are and have been preparing for months, meeting weekly by Zoom. Their responsibilities range from logistics and hospitality to music ministry and spiritual guidance. The team is committed to creating a welcoming, nonjudgmental environment where every participant feels valued and loved. The weekend will begin on Friday afternoon of November 21 and conclude on Sunday November 23 in the late afternoon. Dates and times of the Moonlight, Agape and Mañanita will be announced.

Candidates for Cursillo Weekend #58 are typically invited by sponsors who have discerned that the individual is ready for such an experience. The success of Cursillo Weekend #58 depends on the prayers and support of the wider community and the response of the Holy Spirit. You are invited to pray for the candidates and team, contribute “palanca”, and offer practical support through donations and/or volunteering.

Cursillo Weekend #58 stands as an invitation—a call to step away from the ordinary, encounter Christ, and return transformed for service in the world. As the date approaches, hope grows that this weekend will ignite faith, build lasting friendships, and strengthen the fabric of our

community. Whether you are a candidate, team member, sponsor, or supporter, your prayers and presence are essential. I pray this Cursillo be a time of blessing, renewal, and abundant grace for all involved. Amen.

Fourth Day Chair Report

Submitted by Chris Levett

Let me introduce myself. I made my Cursillo in 2023 at Five Oaks at the table of the 4 Tops. They were known for the song, "I'll Be There". I attend Grace Anglican Church in Brantford where I am also a warden. I am also a postulant for the diaconate.

I would also like to thank everyone on Secretariat who has supported me in my first year as 4th Day Chair. I would also like to thank everyone who helped prepare, set up and attend our annual picnic this month in Guelph.

One of the resources that I was provided with when I became the 4th Day Chair, was a booklet. It describes that many people are filled to the brim with their experiences on their weekend. It is these experiences that propel us into our 4th Day (the rest of our lives).

This idea drove our discussions at Secretariate this year. This year we discussed the importance of grouping. That is, the small group formations that some of us are participating in. However, there are many who are missing this opportunity for Christian growth. As Christians we are meant to be in community with each other. Our relationship with Jesus is found within each other. We also meet to hold each other up and hold each other accountable as we live out our faith. In 2025/26 we are going to continue to help people form small groups on Zoom and in-person where they can meet regularly.

One of our other goals is to have more Ultreyas within the Diocese of Huron. This is also an opportunity for you to "Make a friend. Be a friend. Bring a friend to Christ." We will be looking for people within Huron who

can help lead music, giving a witness talk, giving a lay or clergy response. If you are interested, please shoot me an email or give me a call.

Onward!

Chris Levett (chris.levett70@gmail.com)
226-387-3129



TO FIND WEEKEND APPLICATIONS AND SPONSORSHIP FORMS
Go To

WWW.NIAGARACURSILLO.ORG

CATEGORIES

- CURSILLO WEEKEND – APPLICATION PACKAGES
- SPONSOR INFORMATION AND REPORT

THIS FORM CAN ALSO BE FOUND ON OUR WEBSITE

NIAGARA HURON ANGLICAN CURSILLO
Pre-Authorized Giving Program
Authorization Form

Please choose one:

NEW INCREASE / DECREASE / CHANGE BANKING / CANCEL

I/We wish to take advantage of the Niagara Huron Anglican Cursillo Pre-Authorized Giving Program

Name _____

Address _____

City _____ Postal Code _____

Phone # _____

Please attach a voided CHEQUE if it is a NEW account or CHANGING BANK INFO:

Payments can be taken on any numerical day of the month. Please indicate which day(s) you prefer.

I/We hereby authorize the "Diocese of Niagara" to debit my/our bank account each month on the
_____ of the month in the amount of \$ _____ for _____

(date(s))

This donation is made on behalf of: an individual [] a Business []

This authorization is to remain in effect until The Diocese of Niagara has received written notice from me/us of its change or termination. Please note that we must receive the change or termination by the 18th of the month in order for it to take effect for the following month. In an emergency the PAD can be recalled or stop payment within a 24 hour notice. To obtain a sample cancellation form, or for more information on my right to cancel a PAD Agreement, I may contact my financial institution or visit www.cdnpay.ca.

I have certain recourse rights if any debit does not comply with this agreement. For example, I have the right to receive reimbursement for any debit that is not authorized or is not consistent with this PAD Agreement. To obtain more information on my recourse rights, I may contact my financial institution or visit www.cdnpay.ca.

Please note: for joint accounts both parties should sign below:

Date _____ Signature _____

Signature _____

Please mail to:

The Diocese of Niagara
Attn: Kim Waltmann
252 James Street North
Hamilton, ON L8R 2L3

or fax to: 905-527-0963 Attn: Kim Waltmann

Music Chair Report

Submitted by Karen Galligan

Psalm 96:1-4a (NIV) “Sing to the Lord a new song; sing to the Lord, all the earth. Sing to the Lord, praise his name; proclaim his salvation day after day. Declare his glory among the nations, his marvelous deeds among all peoples. For great is the Lord and most worthy of praise “

I’m sure that many people would agree that music can speak to our hearts, minds and bodies, allowing us to actively engage in both praise and worship. When we raise our voices in song, our worries, concerns and trials can take a backseat, at least for a while!

We give thanks to our Cursillo Musicians for their ongoing dedication to providing encouraging, engaging and uplifting music during our Niagara Huron Cursillo gatherings. Many of our musicians either lead music at their home churches or are an integral part of their church music programs, so they are busy folks! We give thanks and are so grateful that they find the time to also share their gifts and talents with us when their schedules allow.

There has been some discussion about purchasing extra audio equipment to be available for use at some Ultreya’s and on Weekends. For personal reasons, I haven’t been able to follow through with this, but it continues to be an item for consideration in the year ahead.

Shirley Kitchen has continued throughout the year to organize monthly Regional Ultreyas between Grace Church in Milton, and St. Alban’s in Acton. We thank the various musicians who came and played for us. Their talents and time are much appreciated!

We are looking forward to two upcoming Diocesan Cursillo events where we hope to celebrate our gatherings with plenty of music. Bring your

instruments and/or your voices to join with us at Riverside Park in Guelph on Aug. 17th 3:00p.m, and at Grace Church, Brantford on Sept. 28th at 3:00p.m. Hope to see and hear you there!

Communications Chair Report

Submitted by Renée Anderson

Communication is vital to the life of any organization. People need to know what's happening. And so, Niagara Huron Anglican Cursillo makes an effort to meet the communication needs of its community as a part of Secretariat. Sometimes there's a slip-up, especially when it relates to computers; still, it's an ongoing effort to do our best.

It was a challenge to keep sending out 5th Day Notices to our community on the passing of several long-standing Cursillistas, but you would want to know this information. There were so many. When I put them together it's amazing and sad how many members passed since our Annual Meeting 2024. Stewart Bryan (included in this issue), Sharon Mashinter, Lynne Calhoun, Bob Calhoun, June Spence, Terry McKay-Moens, Patricia McLennan, Lorraine Bryan, Jane Wilson, Peggy Pickett, and Barb Rankin. I appreciate the information coming forward in order to advise all. We had the opportunity to send out information on our picnic Ultreya. It brought fun and laughter as we gathered together and shared our stories. Grouping was enlightening as many talked about what's happening in their lives and action that was ongoing as we walk the faith. Since Secretariat meets on Zoom, we are left with these special Ultreyas to meet in person, as it should be. Meeting in person is critical to our friendship-making. But, as we age, it becomes more difficult to travel long distances and "meet our friends"! AND, we *do* live busy lives and can't attend everything. At lease we have Zoom to help us out. We hope to see more out at the next Ultreya.

Grace Church, Milton, has done a good job providing me the information on Ultreyas at their church including the Zoom link. These can be found

on the website and also in the emails I forward to everyone. Thank you, people of Grace!

We have been presented a financial donation opportunity to sign up for Constant Contact. Once I include all the information required, you will notice a change in your emails from NHAC.

De Colores!

Pre-Cursillo Report

The Pre-Cursillo Chair position was not filled for the year 2024-2025. Secretariat members have been ready to approach fellow Christians about the tools of Cursillo through a Weekend and Ultreyas. The nature of the position is being responsible for proposing to the Secretariat a plan for the promotion and extension of the Movement in the Dioceses. S/he is to assist the wider community in implementing the Pre-Cursillo phase of the Movement, especially in the study and identification of environments to be evangelized and identifying potential leaders within those environments to be sponsored to attend a Weekend. We welcome interested members who would be willing to take on this chair to contact the Lay Director, Tim Standish.

Continuing Education Chair

This position was not filled this year. It is our hope that one of our members will be inspired to contact the Lay Director, Tim Standish, about joining Secretariat in this capacity. The Nature of the Position: responsible for presenting to Secretariat a plan for developing and maintaining a Continuing Education Program in keeping with the guidelines of the Movement and the specific needs of the Dioceses. They are also responsible to the Secretariat for implementing any form of leadership training requested by the Secretariat. The term is two years. We have great leadership in this chair and we hope you will consider joining Secretariat!

Living the Fourth Day...

.....to further your knowledge of Cursillo beyond Canada, you may want to contact admin@episcopalcursoeministry.org to receive their informative emails and list of palanca contacts.



Palanca

We have been fortunate to have Rita Predon take lead in communicating Palanca from the National Cursillo Palanca group. Rita also handles our Weekend palanca. Rita has been doing this for many years and does it with compassion. Thank you Rita.

Palanca is a Spanish word meaning “lever”. In Cursillo, Palanca is the lever which is a physical expression of prayer intended to lever or move the recipient to embrace the love the God and the love from community during the Weekend. Above all, “Palanca” simply means prayer. Many people offer their prayers to the participants and team, through expressions of love such as:

- fasting
- personal sacrifice or devotion (giving of your time)
- prayers (Anglican prayers, litanies, intercessions or personal prayers)
- day of abstinence (give up something i.e. television or computer for a day)

This is true palanca.

Palanca must be genuine and offered by communities and individuals living in union with Christ. It is used in Cursillo to mean an outward expression through prayer or expression of our Christian love.

Source: CACS website www.anglicancursillo.com

Niagara Huron Anglican Cursillo
 Balance Sheet Y/E June 30, 2025
 as at **June 2025**

ASSETS	
Current Assets	
Chequing/Savings	
10000 - Bank	11929.83
10001 - TD CanadaTrust	<u>11,929.83</u>
Total 10000 - BANK	<u>11,929.83</u>
Total Chequing/Savings	<u>11,929.83</u>
Total Current Assets	<u>11,929.83</u>
TOTAL ASSETS	<u><u>11,929.83</u></u>

LIABILITIES & EQUITY	
Equity	
30000 - Opening Balance Equity	10,117.63
32000 - Unrestricted Net Assets	-
Net Income (YTD net)	<u>1,812.20</u>
Total Liabilities & Equity	<u><u>11,929.83</u></u>

**N|AGARA HURON ANGLICAN CURS|LLO
INCOME AND EXPENDITURE STATEMENT Y/E JUNE 30, 2025
FOR THE MONTH OF JUNE 2025**

	<u>Actual Month of June 2025</u>	<u>Actual YTD Y/E June 30, 2025</u>	<u>Budget 2024-2025</u>	<u>Actual Last Y/E 2024</u>
INCOME				
40001 - Cursillo - Weekend Fees		\$ 50.00	\$ -	\$ 9,150.00
40002 - Cursillo PAP Donations	\$ 284.00	\$ 3,194.00	\$ 3,400.00	\$ 3,398.00
40003 - Donations - J.O.G., Memorials & Other	\$ -	\$ 1,384.00	\$ 3,000.00	\$ 3,602.42
40004 - Day of deeper Understanding	\$ -	\$ -	\$ 200.00	\$ 2,335.83
40005 - Cursillo Church Offering (closing/weekends)	\$ -	\$ -	\$ -	\$ 280.00
TOTAL INCOME	\$ 284.00	\$ 4,628.00	\$ 6,600.00	\$ 18,766.25
EXPENDITURES				
60002 - Advertising and Promotion	\$ -	\$ -	\$ 100.00	\$ -
60003 - Bank Service Charges	\$ -	\$ -	\$ 20.00	\$ 19.80
60004 - Business Licenses and Permits	\$ -	\$ 89.27	\$ 170.00	\$ 165.00
60005 - Website	\$ -	\$ -	\$ 300.00	\$ 129.86
60006 - Conferences and Secretariat Meetings	\$ -	\$ 33.83	\$ 100.00	\$ 200.00
60008 - Postage	\$ -	\$ -	\$ 10.00	\$ 10.40
WEEKEND EXPENDITURES:				
60015 - Office Supplies - photo copies - printing	\$ -	\$ 25.98	\$ -	\$ -
60016 - Cursillo Snacks & supplies	\$ -	\$ -	\$ -	\$ 801.95
60017 - Postage	\$ -	\$ 33.56	\$ -	\$ -
60018 - Agape and Mañanita	\$ -	\$ -	\$ -	\$ 140.73
60019 - Cursillo Weekend Venue	\$ -	\$ 754.00	\$ 1,200.00	\$ 18,982.00
60020 - Team Training (church use & supplies/snacks)	\$ -	\$ -	\$ -	\$ -
60021 - Bulletins, closing	\$ -	\$ -	\$ -	\$ -
OTHER:				
60024 - Cursillo expenses-current year	\$ -	\$ 679.16	\$ 350.00	\$ 163.85
60025 - AGM Supplies	\$ -	\$ -	\$ 100.00	\$ -
60026 - Day of Deeper Understanding Expenses	\$ -	\$ -	\$ 500.00	\$ 4,814.97
60027 - CACS - annual dues	\$ -	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00
60028 - CACS -CLW	\$ -	\$ -	\$ -	\$ -
TOTAL EXPENDITURES	\$ -	\$ 2,815.80	\$ 4,050.00	\$ 26,628.56
NET INCOME	\$ 284.00	\$ 1,812.20	\$ 2,550.00	\$ (7,862.31)

**NIAGARA HURON ANGLICAN CURSILLO
INCOME AND EXPENDITURE STATEMENT Y/E JUNE 30, 2025
INCLUDING PROPOSED BUDGET FOR 2025-2026**

	<u>Actual Month of June 2025</u>	<u>Actual YTD Y/E June 30, 2025</u>	<u>Budget 2024-2025</u>	<u>Actual Y/E 2023-2024</u>	<u>Proposed Budget 2025-2026</u>
INCOME					
40001 - Cursillo - Weekend Fees		\$ 50.00	\$ -	\$ 9,150.00	\$ 6,782.00
40002 - Cursillo PAP Donations	\$ 284.00	\$ 3,194.00	\$ 3,400.00	\$ 3,398.00	\$ 3,400.00
40003 - Donations - J.O.G., Memorials & Other	\$ -	\$ 1,384.00	\$ 3,000.00	\$ 3,602.42	\$ 2,500.00
40004- Day of deeper Understanding	\$ -	\$ -	\$ 200.00	\$ 2,335.83	\$ 100.00
40005 - Cursillo Church Offering (closing/weekends)	\$ -	\$ -	\$ -	\$ 280.00	\$ 300.00
TOTAL INCOME	\$ 284.00	\$ 4,628.00	\$ 6,600.00	\$ 18,766.25	\$ 13,082.00
EXPENDITURES					
60002 - Advertising and Promotion	\$ -	\$ -	\$ 100.00	\$ -	\$ 100.00
60003 - Bank Service Charges	\$ -	\$ -	\$ 20.00	\$ 19.80	\$ 20.00
60004 - Business Licenses and Permits	\$ -	\$ 89.27	\$ 170.00	\$ 165.00	\$ 170.00
60005 - Website	\$ -	\$ -	\$ 300.00	\$ 129.86	\$ 300.00
60006 - Conferences and Secretariat Meetings	\$ -	\$ 33.83	\$ 100.00	\$ 200.00	\$ 160.00
60008 - Postage	\$ -	\$ -	\$ 10.00	\$ 10.40	\$ 10.00
WEEKEND EXPENDITURES:					
60015 - Office Supplies - photo copies - printing	\$ -	\$ 25.98	\$ -	\$ -	\$ 50.00
60016 - Cursillo Snacks & supplies	\$ -	\$ -	\$ -	\$ 801.95	\$ 500.00
60017 - Postage	\$ -	\$ 33.56	\$ -	\$ -	\$ 30.00
60018 - Agape and Mañanita	\$ -	\$ -	\$ -	\$ 140.73	\$ 80.00
60019 - Cursillo Weekend Venue	\$ -	\$ 754.00	\$ 1,200.00	\$ 18,982.00	\$ 6,782.00
60020 - Team Training (church use & supplies/snacks)	\$ -	\$ -	\$ -	\$ -	\$ 200.00
60021 - Bulletins, closing	\$ -	\$ -	\$ -	\$ -	\$ 20.00
OTHER:					
60024 - Cursillo expenses-current year	\$ -	\$ 679.16	\$ 350.00	\$ 163.85	\$ 350.00
60025 - AGM Supplies	\$ -	\$ -	\$ 100.00	\$ -	\$ 100.00
60026- Day of Deeper Understanding Expenses	\$ -	\$ -	\$ 500.00	\$ 4,814.97	\$ 300.00
60027 - CACS - annual dues	\$ -	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00
60028 - CACS -CLW	\$ -	\$ -	\$ -	\$ -	\$ -
TOTAL EXPENDITURES	\$ -	\$ 2,815.80	\$ 4,050.00	\$ 26,628.56	\$ 10,362.00
NET INCOME	\$ 284.00	\$ 1,812.20	\$ 2,550.00	\$ (7,862.31)	\$ 2,720.00

Niagara Huron Anglican Cursillo Annual Meeting

September 22, 2024

held at Church of Resurrection, Hamilton

In person

Attendance: 27 in person, and 1 by zoom, 28 in total

Secretariat members present: Tim Standish, Pat Hyslop, Renée Anderson, Carol Summers, Rita Predon, Karen Galligan, Emily Hill, Shirl Christian

Cursillistas present: James Gould, Stephanie Pellow, Anne Gould, Cynthia Chamberlain, Anthony Lewin, Eva Standish, Jessie Johnstone, Marion Bailey, Jan Collinson, Neil Bell, Shauna Fishwick, Fred Predon, Richard Summers, Blanche Mills, Karen Southon, Margaret Wilding, Susanne Adams, Colin Shutt (zoom), John Wilkinson, Kathryn Parker

Regrets: Ann Mulvale, Shirley Kitchen, Brian Galligan, Janice Toth

Tim Standish called the meeting to order at 3:10 p.m.

Opening prayer by Shirl Christian and Shirl named those who have gone to their 5th day:
Reverend Susan Wells, Pam Battersby and Kathy Beattie.

Tim introduced the **Secretariat members for the 2023/2024 year:**

Shirl Christian – Spiritual Director
Pat Hyslop – Secretary
Renée Anderson – Communications Chair
Karen Galligan – Music Chair
Emily Hill – Liaison to Bishop of Niagara
Carol Summers – Weekend Chair
Rita Predon – Palanca
Shirley Kitchen – Fourth Day Chair (not present)
Janice Toth – Treasurer (not present)
Ann Mulvale – Education Chair (not present)
Tim Standish – Lay Director

Minutes of last Annual Meeting: It was mentioned that Edith's last name was spelled incorrectly – correct spelling Oyosoro. Tim moved minutes be accepted as corrected, seconded by Renée. All in favour – CARRIED.

Reports of Secretariat – as published in the Rainbow Newsletter.

Lay Director: Tim Standish shared that he enjoyed his new position. He highlighted that it was a busy year with two Weekends and a Day of Deeper Understanding that took much planning and expense.

Spiritual Director: Shirl Christian emphasized that her goal this year is to increase knowledge of Cursillo in the northern part of the Huron Diocese and she is looking for others to help. Jan Collinson mentioned there are Cursillistas in the Tobermory area. Marion mentioned that Janet Todd, Graham and Mona are also in that area.

Music Chair: Karen Galligan thanked the musicians who helped this past year and how much she appreciates them for participating in the events for Cursillo.

Communication Chair: Renée Anderson expressed that she was challenged by the Website but seems to be getting familiar with the process.

Weekend Chair: Carol Summers had challenges last term such as: covid concerns still, an unresponsive Weekend retreat centre, her eyesight. Carol encourages everyone to become involved with Secretariat as it is a rewarding experience.

Palanca: Rita Predon announced she needs new signatures for the Palanca team for the upcoming Weekends. If you are interested in joining this prayer team, please leave your name and email. Also, Rita reminded everyone who has prayer requests, to email to Rita and if you put forth a prayer request, she would like any feedback on any outcome of the prayers.

CACS Representative: Stephanie Pellow reported she enjoyed her first term and reports that Cursillo is alive across Canada. However, we lost two movements this year as those secretariats closed. Stephanie also spoke about the Triennial held in Nanaimo this past year.

Liaison with Niagara Synod: Emily Hill reported she is the Parish Development director with Niagara Diocese. The Niagara Diocese will be holding their 150th Synod in November and it plans to be extra special.

Motion to approve the reports made by Blanche Mills, seconded by Kathy Parker. All in Favour – CARRIED.

Financial Reports: reported by Tim Standish on behalf of Janice Toth

Bank balance as of June 30, 2024: \$10,117.63.

Our budgeted expenses were \$26,315 and the actual expenses were \$26,628.

Shauna Fishwick asked about monthly donations. Karen Galligan explained that the PAP package was included in the last Rainbow newsletter and is also on the website. Stephanie Pellow asked about the Day of Deeper Understanding income.

Renée Anderson explained that the Income & Expenditures statement does not include the Bank Balance. The Bank balance is on the Balance Sheet. So even when there's a deficit on the Income & Expenditures statement doesn't mean we don't have any money in the bank. Carol Summers added that Secretariat is very careful with the funds they receive, and they use the money donated very wisely.

Motion to accept the Financial Reports is moved by Tim Standish, seconded by Jan Collinson. All in Favour – CARRIED.

Tim then presented the Budget for next fiscal year (July 1, 2024 – June 30, 2025). Tim stated there is no weekend in this fiscal year. Tim wants to increase the licenses expense to \$270.00 as Microsoft wants \$65.00 to use their program.

Income is \$6600.00

Net income should then be \$2450.00

Expenditure should then be \$4150.00

Anne Gould mentioned that the new chair for CACS takes over the Zoom account for CACS, so that it will now be controlled by someone in B.C. Anne recommended that we get our own Zoom account. Emily Hill suggested that we just use a church Zoom account. Renée Anderson says her church has one we can use, Rita Predon also says she has one we can use.

Recap of changes to budget include:

Licenses \$170 now is \$270

Total Expenditures \$4050 now is \$4150

Net Income \$2550 is now \$2450

Motion to approve the Budget, as amended, was moved by Tim Standish, seconded by Eva Standish. All in Favour – CARRIED.

Call for Nominations for Positions on Secretariat

Education Chair – Carol Summers asked what is the job description of the Education Chair? Tim explained the Chair would form a committee to plan the Day of Deeper Understanding and other learning avenues. Asking for nominations from the floor but there were none.

Fourth Day Chair – Chris Levett, from Grace Church, Brantford allowed his name to stand. Tim Standish asked for other nominations. Renée Anderson moved to close nominations, seconded by Carol Summers. All in Favour. Chris Levett is acclaimed.

Pre-Cursillo Chair – Job description includes marketing and publicity of Cursillo. This position has been vacant for the past year. Stephanie Pellow urged us to have this position filled before the next Weekend. Shauna Fishwick asked about the time commitment. Accepting nominations from the floor but there were none.

Weekend Chair – Marion Bailey has allowed her name to stand. Tim Standish asked for other nominations. Renée moved to close nominations, seconded by Jan Collinson. All in Favour. Marion Bailey is acclaimed.

Commissioning New Secretariat: Shirl Christian asked for the new Secretariat for 2024-2025 please come forward. Shirl said a blessing.

Closing prayer by Shirl Christian.

Meeting adjourned at 4:25 p.m. followed by Ultreya and Potluck dinner.

Pat Hyslop, Secretary

SWEATY NOSE

By Cynthia Chamberlin

I turned 70 about a month ago and I am so delighted to still be learning new things!

I didn't know my nose could sweat. I've also discovered that when that happens, my glasses fog up. With that reality, the world becomes rather out-of-focus. So why, right?

Years ago, after watching Martin Sheen in 'The Way', my husband and I added walking the Camino de Santiago, or St. James's Way, to our growing list of retirement plans. Heartbreakingly, it seems God had other plans for us; Andreas died following the sudden onset of Acute Myeloid Leukemia in 2019. I'd barely entered into the full onset of grief when COVID presented another plot twist.

Anyway, I moved south in 2020 and in 2022 found a new-to-us home in Brantford with my son and his family. On January 1st, 2023, I attended my first service at Grace Anglican Church and began to rebuild my social and spiritual life.

April of 2024, I was invited to attend a Cursillo weekend. Having no idea what that could possibly mean, I was eager to discover what such a program might offer. The very first presentation explained that the word 'Cursillo' actually means: short course, in this instance, of Christianity. The origins refer back to the historic pilgrimage that was established eons ago by a Spanish priest to help folk restore their broken hearts and bodies after exposure to tremendous trauma.

That was the moment I realized that the time had come for me to finally do 'The Way'. I also realized that I'd need a significant amount of time to prepare my mind and body for the crazy challenge of walking 788 kilometres all by myself.

So I began gathering information. I knew of at least 4 people who had already walked the Way of St. James: 2 young women in their 20s (active and fit) and 2

other friends who are closer to my age and have always been active. None of those qualities could be applied to me. However, listening to their stories filled me with a sort of nostalgia. Which is weird, since I haven't yet ever done anything like walk that far!

I decided that September 2025 would be my target for embarking on this incredible adventure. It was pretty important that training start asap, since my body was a long way from being ready to produce the number of steps needed for this particular pilgrimage.

I'd decided on what is known as the French route, (there are several possibilities from which to choose, often determined by available time frame and fitness level) which starts in a town called St. Jean Pied de Port, France just north of the Pyrenees. The first day, so the experienced say, is grueling: up the mountain for 8 km and down the mountain to a town named Roncesvalles, Spain. Knowing all too well my turtlesque pace, I was very lucky to be able to find a bed about half way, so the gruelling will be spread over 2 days instead of just one.

My intent is to not attempt more than 15 km of walking each day, or at least in the first weeks as my body really understands how stubborn I am. My training began with walks around my neighborhood (with Roo, my Shepherd mix pup) or at the indoor track at the infamous Wayne Gretzky Sports Complex. The first works well when the weather is agreeable; the second is the obvious choice when it's too hot, too wet, too cold or too slippery. To that, I also added swimming lengths, between 1 and 2 km, three times a week. I continued with the Tai Chi classes I'd been attending for a bit over a year, as well. As my departure date August 19th, for France and August 31st for the walk, I've also included descending and ascending the stairs leading down from the indoor track to the rink below and back up again repeatedly. That's where the sweaty nose really likes to makes itself obvious!

Next on the long list of preparations was the major sport of collecting the essential gear. Shoes were top priority, then pack sack, walking poles, sleeping bag and liner, light-weight, quick dry clothing and socks. Oh my word! So many questions about each piece and so many places from which I could purchase them.

Shoes: it is recommended that one find shoes with a wide toe box and a size larger than what one wears for 'regular' walking.

The backpack needs to be big enough and not too big, with plenty of adjustment features, and, of course, as tough and as light as possible.

Since clothing needs to be light-weight and quick-dry, Merino wool is the preferred material for pretty well everything but the pants. Who knew one could find underwear in merino? Who knew one could find most of this equipment in a size comfortable for me? More learning for sure!!

I could write for hours about socks: pure merino or merino blend? Sports socks? It really is quite the rabbit hole figuring this one out! Some teeny part of me wishes I could walk barefoot but that would require a completely different training program!

So, you're quite welcome for that lengthy logistical blather! So glad to oblige!

However, is it possible you're wondering about the 'why' side of the plan? Parts of me are still wondering, too!

Curiosity plays a large chunk of this decision. It is also a very significant way to mark my moving up a level. What better way to get up close and personal with countries that are currently unfamiliar to me?

Underlying all those reasonable explanations is the need to deal with stuff. You know, possibly too well, all that 'stuff' we rarely talk about because it's just too hard. Grief. Relationships. Directions. Finances. Purpose.

My genuine hope is that, somewhere along this breathtaking (literally and figuratively!) hike, I will gain some clearer understanding of bits and pieces of all those big aspects of my life.

And be content with whatever it is that God brings to me. Including a sweaty nose.

It's not too late and I'm not too old!

AGING

It's not as the saying goes for sissies. There are some lucky ones who little by little slow down to be sure, but otherwise go on to the end pretty much as usual. For the majority, however, it's like living in a house that's in increasing need of repairs. The plumbing doesn't work right anymore. There are bats in the attic. Cracked and dusty, the windows are hard to see through, and there's lots of creaking and groaning in bad weather. The exterior could use a coat of paint. And so on. The odd thing is that the person living in the house may feel, humanly speaking, much as always. The eighty-year-old body can be in precarious shape yet the spirit within is full of beans as ever. If that leads senior citizens to think of all the things they'd still love to do but can't anymore, it only makes things worse. But it needn't work that way.

Second childhood commonly means something to steer clear of, but it can also mean something else. It can mean that if your spirit is still more or less intact, one of the benefits of being an old crook is that you can enjoy again something of what it's like being a young squirt.

Eight-year-olds like eighty-year-olds have lots of things they'd love to do but can't because their bodies aren't up to it, so they learn to *play* instead. Eighty-year-olds might do well to take notice. They can play at being eighty-year-olds for instance. Stiff knees and hearing aids, memory loss and poor eyesight are no fun, but there are those who marvelously survive them by somehow managing to see them as, among other things and in spite of all, a little funny.

Another thing is that if part of the pleasure of being a child the first-time round is that you don't have to prove yourself yet, part of the pleasure of being a child the second time around is that you don't have to prove yourself any longer. You can be who you are and say what you feel, and let the chips fall where they may.

Very young children and very old children also have in common the advantage of being able to sit on the sideline of things. While everybody else is in there jockeying for position and sweating it out, they can lean back, put their feet

up, and like the octogenarian King Lear “pray and sing, and tell old tales, and laugh at gilded butterflies”

Very young children and very old children also seem to be in touch with something that the rest of the pack has lost track of. There is something bright and still about them at their best, like the sun before breakfast. Both the old and the young get scared sometimes about what lies ahead of them, and with good reason, but you can't help feeling that whatever inner goldenness they're in touch with will see them through to the end.

Frederick Buechner (Listening to your life)

Submitted by Colin Shutt



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